



Junior Program Curriculum (Ages 5-10)

Student's progress through each level at their own pace while having fun interacting with new golfing friends. Students demonstrate knowledge and skill to advance to next level. Once complete, junior golfer have an opportunity to go into advanced play program.

LEVEL 1

- Indoor Golf Safety
- Introducing yourself to others
- Grip, Aim, Stance, Posture (G.A.S.P)
- The letters of the golf swing - Y, L, O
- Weight shift & balance - Sticking the Finish
- Putting fundamentals - the 2 D's
- Naming the parts of the golf club
- Naming clubs in a set and their differences
- Life Skills - Responsibility & Respect



LEVEL 2

- On course safety
- Terms & Definitions
- Etiquette - Line of Putt, Marking Ball, Order of Play
- Pitching and Chipping Fundamentals
- Bunker Shot Fundamentals
- Contact - ability to hit 6 of 10 shots in the sweet spot
- Direction - ability to hit 6 of 10 shots to target area
- Care of the course
- Life Skills - Caring & Teamwork



LEVEL 3

- Equipment check and club fitting
- Pace of play
- Rules of Golf
- Advanced Pitching & Chipping
- Advanced Bunker shot skills
- Green reading
- Pre shot routine
- Scoring, formats, and Handicapping System
- Life Skills - Perseverance & Trustworthiness

